Apple Pie And Cheese Roll-Ups



If you’re craving a sweet and nutty snack, our Apple Pie and Cheese Roll-Ups were made for you. While most fruit roll-up snacks are filled with artificial ingredients, this recipe combines healthy fruits, nuts, cheese, and is made right in your NESCO Dehydrator. The warm nutmeg brings out the sweetness of the applesauce and subtle cheddar flavor for a memorable treat both you and your kids will love.

Your Key Ingredient:

NESCO Dehydrator
NESCO Fruit Roll Sheets

Grocery Ingredients:

4 cups regular applesauce
3/4 cup pecans, ground
1/2 cup cheddar cheese, grated

1/2 tsp cinnamon
1/2 tsp nutmeg

Instructions:

1. In a food processor, puree all ingredients. Spread evenly onto **NESCO® Fruit Roll Sheets**. Fits 2 large sheets and 1 small sheet.
2. Place in your **NESCO® Dehydrator** on dehydrator trays. Dry at 135° F for 4 to 8 hours, or until leathery.
3. Gently peel and remove sheets while still warm. Let cool and tear into 4-inch pieces for rolling.
4. Store in dark, dry, cool place or in freezer.