

# Favorite Pot Roast With Vegetables

This recipe is called “favorite” for a reason. Favorite Pot Roast with Vegetables

## Your Key Ingredients:

[NESCO Roaster Oven](#) or [NESCO Slow Cooker](#)

## Grocery Ingredients:

3-4 lb rump or chuck roast  
1/2 tsp salt  
1/4 tsp basil  
1/4 tsp garlic powder  
1/4 tsp pepper  
3 to 4 potatoes, peeled & quartered  
3 to 4 carrots, quartered  
1 onion, quartered  
1 cup beef broth or water  
8 oz tomato sauce

## Instructions:

1. Place meat in **NESCO® Roaster Oven**. Season with salt, basil, garlic powder, and pepper.
2. Place vegetables around meat. Add beef broth. Pour tomato sauce over meat.
3. Cover and cook at 225°F for 6 to 8 hours. Serves 6 to 8.

*Note: Cook time and temperature will vary if using a **NESCO® Slow Cooker**.*