Strawberry Powder (Dehydrated Strawberries)



Strawberry powder is made from strawberries that have been dehydrated in a food dehydrator, then blended into a fine powder that you can use for yogurt, smoothies, shakes, baking, and more! The best thing is that it does not contain anything else except strawberries.

Your Key Ingredient:

NESCO Dehydrator

Grocery Ingredients:

Strawberries

Instructions:

1. Wash strawberries

- 2. Remove green stems.
- 3. Slice strawberries into 1/4" slices.
- 4. Place sliced strawberries on your NESCO® Dehydrator trays using a NESCO mesh sheet.
- 5. Dry 8-10 hours at 135°F.
- 6. Grind dehydrated strawberries in a large blender or coffee grinder to make strawberry powder.
- 7. Store in airtight container. □