

# Strawberry Powder (Dehydrated Strawberries)



Strawberry powder is made from strawberries that have been dehydrated in a food dehydrator, then blended into a fine powder that you can use for yogurt, smoothies, shakes, baking, and more! The best thing is that it does not contain anything else except strawberries.

## **Your Key Ingredient:**

[NESCO Dehydrator](#)

## **Grocery Ingredients:**

- Strawberries

## **Instructions:**

1. Wash strawberries

2. Remove green stems.
3. Slice strawberries into 1/4" slices.
4. Place sliced strawberries on your NESCO® Dehydrator trays using a NESCO mesh sheet.
5. Dry 8-10 hours at 135°F.
6. Grind dehydrated strawberries in a large blender or coffee grinder to make strawberry powder.
7. Store in airtight container. □