## Tips For Whipping Egg Whites



Fluffy meringues make a beautiful topper for puddings, pies, cupcakes, and more. Whipping egg whites is quick and simple with your NESCO Digital Hand Mixer. Tip: When whipping egg whites, use a metal bowl such as stainless steel or copper. Avoid aluminum bowls that can alter the color of your eggs.

## Your Key Ingredient:

NESCO 16-Speed Hand Mixer

## **Grocery Ingredients:**

1/2 teaspoon cream of tarter
2 Tbsp white sugar

## Instructions:

- 1. Adding a half teaspoon of cream of tarter for two or more eggs will help keep the whipped egg whites firm.
- 2. When making meringue add 2 tablespoons of white sugar for each egg. Add sugar slowly while beating eggs.
- 3. Whip until stiff peaks form.